

# Staying Alive



## Bayside men's health info night

Sandringham Yacht Club  
7:00pm  
Wednesday, 24 March 2010

A free information night  
for men who want  
to take control of their health  
and enjoy life longer,  
and for the women  
who care about them.  
Shouldn't that be everyone?

Special guests:  
Elliot Goblet  
Patricia Ilhan

Reservations essential  
Phone 04 18 574 114  
Email: [Glenwright@aapt.net.au](mailto:Glenwright@aapt.net.au)

**LIVE LONG. LIVE WELL.**

