

Gambler's Help Southern

presents a One-Day Introductory Workshop

The ABCs of Gambling Counselling

Tuesday 12 October 2010 • 9.30am – 4.30pm
Bentleigh Bayside Community Health • Gardeners Rd, Bentleigh East

Program topics include:

- When does gambling become a problem and how could you tell?
- The mechanism of gambling
- Why people gamble – theoretical assumptions and underpinnings
- A therapeutic process for gambling counselling
- Helping clients move towards change
- Practical containment strategies
- Case study illustrations

Participants will:

- Review useful definitions and assessment frameworks for problem gambling – using a biopsychosocial model
- Gain an understanding of the complex interplay of conscious and unconscious motivations behind problem gambling
- Learn how to apply an integrated framework, informed by systemic thinking, psychodynamic and cognitive behavioural approaches, to assist a client to move towards change
- Consider effective therapeutic language and interventions for containment of gambling and relapse prevention

In Australia, problem gambling is more common than stroke and coronary heart disease, yet only about 10% of people with a gambling problem seek formal help.

Gambler's Help Southern is pleased to offer counsellors, social workers, outreach workers, psychologists, case managers, GPs, nurses and other allied health professionals a training opportunity to increase their knowledge and skills to work with clients whose lives are adversely affected by problem gambling.

This one day introductory workshop will suit those professionals who wish to become more confident in assessing and applying a therapeutic framework to support their clients.

Handouts will be given on the day.

Cost: \$90 (GST inclusive)
Lunch, morning and afternoon tea included
Early bird \$80 pay - by 10 Sept
Student discount: \$75 (proof of student status required)

Enquiries: Cherry Louey
Clinical Practice Supervisor
Voicemail: 9575 5353

gambler's help
1800 858 858

problemgambling.vic.gov.au

gambler's help southern
9575 5353

www.ghsouthern.org.au



This form serves as a Tax Invoice. An official tax receipt will be issued on receipt of payment.
ABN: 70136 370 422

Gambler's Help Southern – The ABCs of Gambling Counselling Workshop Application Form

If you would like to register for this workshop, please complete and return this form (one per person) via fax or post.

Fax: 03 9570 2725
Post: Professional Development Workshop
Gambler's Help Southern
Bentleigh Bayside Community Health
PO Box 30
Bentleigh East 3165

Enquiries: Cherry Louey (Voicemail) 9575 5353 or c.louey@bbch.org.au

PLEASE NOTE: IF WE DO NOT RECEIVE FULL PAYMENT WE CANNOT GUARANTEE YOUR PLACE IN THE WORKSHOP

I am a (please tick your profession):

- case manager counsellor social worker psychologist
 allied health professional (please specify _____) student
 other (please specify _____)

SURNAME: _____ FIRST NAME: _____

MS/MR/MRS/DR: _____ POSITION: _____

PLACE OF WORK: _____

DEPARTMENT: _____

ADDRESS: _____

POSTCODE: _____

PHONE (W): _____ FAX (W): _____

MOBILE: _____ EMAIL: _____

SPECIAL DIETARY REQUIREMENTS: _____

I agree my details above are true and correct and I have read and agree to abide by the conditions printed on this form.

Signature: _____ Date: _____

Payment Method: (please note we are unable to accept payment in credit card)

Cheques to be made payable to: Bentleigh Bayside Community Health (ABN 70136 370 422)
Please attach this form to cheque.

Electronic fund transfer to:

BSB: 063 126
Account Number: 00800111
Account Name: Bentleigh Bayside Community Health
Reference Field: GHS Workshop

Please email Cherry Louey (c.louey@bbch.org.au) after a transfer has been made to confirm transfer details.